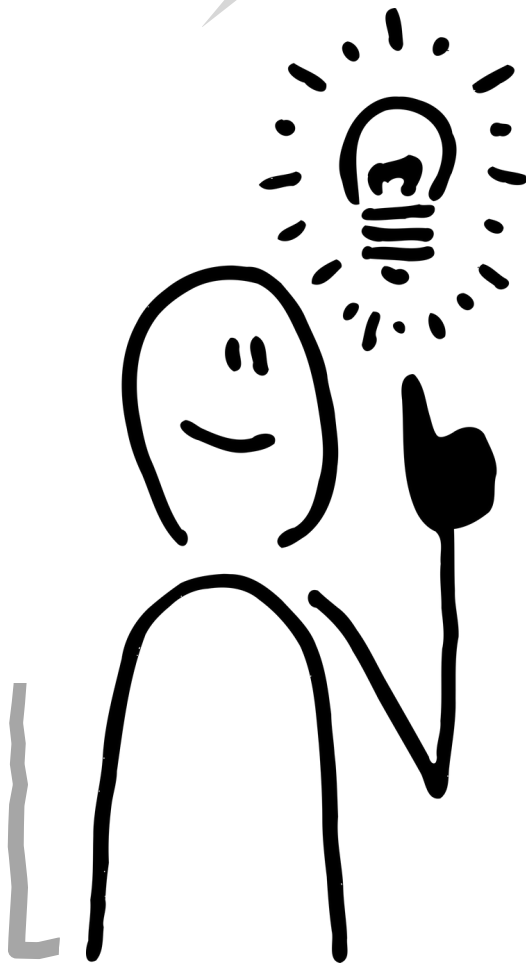


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**04-11 MAY 2026**  
**SANTIAGO DE COMPOSTELA, SPAIN**  
**TRAINING COURSE**

# WHAT IS IT?

"1000 ways to learn" is a training course about **non formal education** and **learning**: an adventure in the world of games, trainings and workshops, a place to reflect on our personal learning journey and an occasion to experiment and challenge ourselves with different types of activities

Throughout the days of the project, we will explore different topics that we think are relevant for conducting **successful non formal workshops**, taking inspiration from all the different ways in which we can learn during our lives. We will have a panoramic view of different elements, starting from the principles behind all non formal learning activities and then going through topics such as games, teamwork, roles, interculturality, peer learning, communication and more...

The program will include moments of **self reflection** and occasions to put in practice what we will discover, working in teams and receiving constructive feedback from the others. Finally, at the end of the week there will be time to look back at our own personal **learning journey** and to make plans for the future.

It is a **KA1 Erasmus+ Mobility for Youth Workers**, and it is co-funded by the European Union. It forms part of the Accreditation strategy of Ingalicia for the year 2026.



# WHO IS IT FOR?

This training course is for Youth Workers and Educators **aged 20-35** who are at the **beginning** of their journey in non formal education, who would like to **revitalize** their approach by learning new methods and activities or who are simply **curious** about non formal education in general and would like to learn more and challenge themselves with the topic

# THE ROLE OF PARTICIPANTS

Participants of the training course are expected to:

- Be **fully present** during the days of the project
- Have at least a conversational level of **English** (the language of the training)
- Communicate in advance their **travel itinerary** and (once this is approved) send us their tickets and booking reservations
- Be **respectful** about the rest of the group, and towards the space and the materials we will use during the project
- Organize a **dissemination** activity (together with the sending organisation) after the project

Have fun! 😊

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# STRUCTURE

The training course consists of **six** full days of activity, morning and afternoon, with **three meals** and **two coffee breaks** included. The schedule includes:

## ACTIVITIES

Moments to discover the topics and experience non formal education

## GROUP WORK

When we put in practice what we discover, create our own activities and exchange constructive feedback with each other

## DEBRIEFING AND REFLECTION

At the end of each day, moments to draw conclusions and reflect on what we can take home with us from the activities of the day

## INTERCULTURAL NIGHT

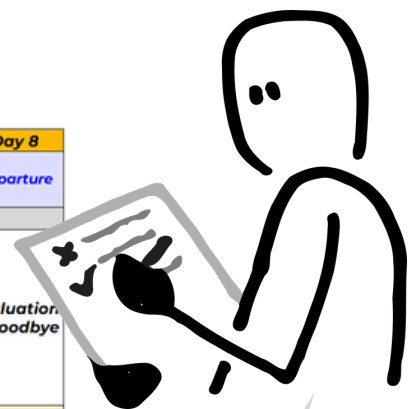
Bring some snacks from your country! We will share them together in a special moment to discover our cultures

The main topics of the training course will be:

- **Non Formal Education.** What is it, what are its principles, why it is important. From the basics of organising a workshop to the value it can have in our lives, all (*well, sort of 😊*) you need to know to create successful activities
- **Games and stories.** These are the first ways we learn as children. Through them we develop imagination, curiosity, and experiment real life scenarios. Can we still learn this way? And how can they help us in our activity?
- **Life & Work with others.** We are social animals, and we learn so much from our interactions with each other. Adaptability, flexibility, teamwork, mistakes and how to deal with them... all things extremely important also when organising activities!
- **Culture.** What is culture? have we ever experienced culture shock? and how does it relate to each one of us personally?
- **Communication & Peer learning.** Communication is essential in everything we do. How can we communicate well with each other? And how does this help us in our activities?
- **Our Learning Journey.** At the end of the week, a reflection on how we can keep track of everything we learn.

## POSSIBLE SCHEDULE\*

	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8
TOPIC	Arrival	Introduction	Stories & Games	Life & Work with others	Culture	Communication & Peer2peer	Our Learning Journey	Departure
BREAKFAST	ARRIVAL							
ACTIVITY (1h30min)		Teambuilding	Games: Rules	Roles & Teamwork	What is culture	Communication	Our Learning Journey	Evaluation & Goodbye
BREAK		COFFEE BREAK						
ACTIVITY (1h30min)		Introduction	Games: Roles	Mistakes & Flexibility	Culture and me (self expression)	Peer2peer Learning in practice	Future Plans	
LUNCH		LUNCH BREAK						
GROUP WORK (2h)	Welcome & Ice break	Principles of Non formal Education	Group work: Stories & Games	Group work: Life with others	INFORMAL EDUCATION (Time to visit Santiago)	Group work: Communication	Competences & Youthpass	DEPARTURE
BREAK		COFFEE BREAK						
DEBRIEFING & REFLECTION (1h)		Erasmus+ & ESC 101	Why do we play?	Unexpected learning		Communication	Feedback & Closing Ceremony	
DINNER		DINNER						
EVENING	Kick Off			Intercultural night				



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\* THIS SCHEDULE IS AN OUTLINE TO UNDERSTAND THE GENERAL STRUCTURE, IT CAN STILL BE SUBJECT TO CHANGES.



## VENUE

The training will take place in [Monte do Gozo](#), located just outside Santiago de Compostela (Spain). Participants will be hosted in shared rooms of **4 people**, mixed by countries and divided by gender, each with its own private bathroom. The place is provided with **wi-fi connection**. Close to the facility there is a bar and a spacious park where we will hold some open-air activities.

## TRAVEL INFORMATION

Participants are expected to arrive in the afternoon of the 4th May 2026, and can travel back from the morning of the 11th. The easiest (and recommended) way to reach Monte do Gozo is to fly to [Santiago de Compostela \(SCQ\)](#) airport. In alternative, close airports are A Coruña (LCG), Vigo (VGO) or Porto (OPO).

### If you're coming from Santiago bus/train station (they are close to each other):

Head towards the train station exit. Take the bus 6A, dir. aeropuerto (cost: 1 euro) and get off at **"San Marcos" stop** (approx. 20 mins) or the bus 6 and get off at **"Costa de San Marcos - Monte do Gozo" stop**. The facility is 10min away on foot.

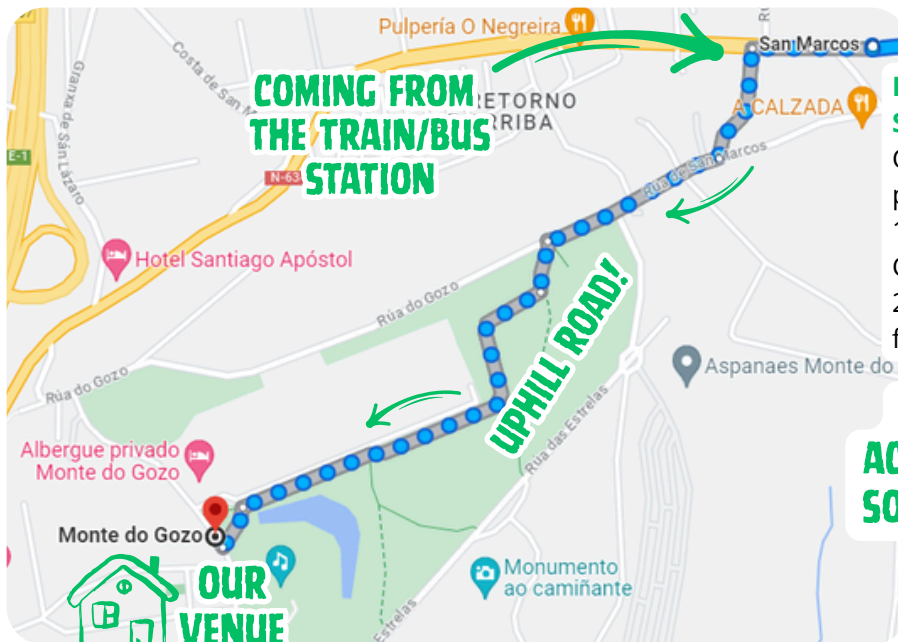


### COMING FROM THE AIRPORT

### If you're coming from Santiago airport...

Go to the base floor/exit (salidas, planta 0). Take the bus Aena 6a (cost: 1 euro) or the bus Monbus (5 euros). Get off at **"San Marcos" stop** (approx. 20 mins). The facility is 10min away on foot.

**THE BUS DOESN'T ACCEPT CARDS. BRING SOME CASH WITH YOU!**



**Address:** Rúa do Gozo, 18. 15820 Santiago de Compostela

- These bus tickets are covered by the budget up to the maximum amount (see next page)!
- The trainers will be at the venue to welcome you. In case you do not meet them, you can message them or go directly at the reception and ask for the rooms reserved for the Training Course held by Inglicia.

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# REIMBURSEMENT RULES

The trip (from the European country of residence) will be reimbursed by us up to a maximum amount of **280 euros** (up to 1999km) or **352 euros** (from 2000km, up to 2999km). **Green travel** (only applicable for the whole trip) will be up to **200 euros**. Participants are required to start planning their itinerary as soon as they are selected, and to send us their plan as soon as possible.

**IMPORTANT: DO NOT START BUYING TICKETS BEFORE YOU RECEIVE OFFICIAL CONFIRMATION BY US!**

The reimbursement will happen after the mobility, and only after all required travel documents have been sent to us by the participants.

## WHAT TO BRING WITH YOU



- Travel Insurance
- Valid *European Health Card* (**mandatory!**)
- Any medication you might need
- Towels for showering!
- Some snacks from your country for the *intercultural night*
- Change clothes for the duration of the training
- Raincoat and some waterproof shoes (***Galicia is very rainy!***)

**Your enthusiasm and curiosity** 😊

There is no official need to bring your laptop, but if you want you are more than welcome!

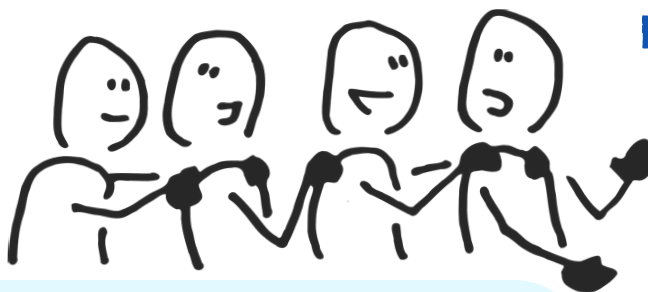
## CONTACTS

You can contact us for any question at:

[stefano@ingalicia.org](mailto:stefano@ingalicia.org)

Once participants are selected, we will create a Whatsapp group where we will write you all the most important communications.

## ABOUT US



**FOLLOW US ON INSTAGRAM!**



@ingaliciaa

**Ingalicia** is a cultural organisation from A Coruña, Spain, working in the development and diffusion of cultural and educational activities, both locally and internationally. It was born in 2007 and it aims to promote European culture, awareness and youth participation in society through the principles of inclusion, integration, accessibility and diversity.

Up to now, it has coordinated more than 100 project (KA1, KA2, YPA and others), and has been partner in more. "1000 ways to learn" is part of our Accreditation for the year 2026.

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**WE ARE  
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