

# INFOPACK

ENTREPRENEURSHIP FOR A SUSTAINABLE FUTURE

Youth Exchange – Denmark  
23 February – 04 March 2025

THE  
NORDIC  
CREW





# WHO ARE WE?

The logo for 'The Nordic Crew' is located in the top right corner. It consists of the words 'THE', 'NORDIC', and 'CREW' stacked vertically. 'THE' and 'CREW' are in a smaller font, while 'NORDIC' is in a larger, bold font. The text is flanked by horizontal lines on both sides, and the entire logo is enclosed within a thin white circular border.

THE  
NORDIC  
CREW

We are The Nordic Crew, a professional coaching center in Aarhus, Denmark. Our goal is to be the connecting platform between professionals or passionate individuals eager to share their knowledge and those who would like to learn and improve.

As proud participants in the Erasmus+ program, we are dedicated to fostering youth engagement and cross-cultural exchange throughout Europe. Our initiatives empower young people to develop their skills, broaden their horizons, and enhance their employability. We promote cultural exchange, facilitate intercultural dialogue and understanding, and support lifelong learning through workshops and training sessions that encourage continuous personal and professional development.

Our focus spans a variety of topics, including entrepreneurship, sustainability, and mental health. By addressing these critical areas, we aim to equip participants with the tools and insights needed to thrive in today's world, fostering a generation of innovative, responsible, and well-rounded individuals.

# THE PROJECT

"Entrepreneurship for a Sustainable Future" is a Youth Exchange focused on empowering young people with skills in digital entrepreneurship, sustainable practices, and ethical business. The project's goal is to inspire a new generation of socially conscious entrepreneurs who use digital tools to make a positive difference.

Today's world faces a mix of economic, environmental, and social challenges, and young people play a key role in finding solutions. Through this project, young participants from Denmark, Portugal, Romania, Italy, and Spain will come together for hands-on workshops, creative projects, and cultural exchanges. Participants will gain skills in business planning, sustainability, teamwork, and leadership, all aimed at helping them make an impact in their communities and beyond.

By learning from each other, sharing ideas, and building connections, participants will leave equipped not only to succeed in the digital business world but also to drive positive social and environmental change.

# OBJECTIVES

- **Build awareness of sustainable entrepreneurship:** Help participants understand the importance of sustainability in business, covering environmental, economic, and social aspects.
- **Encourage peer learning and collaboration:** Create opportunities for young people to learn from each other, share insights from their own countries, and explore different approaches to sustainable entrepreneurship.
- **Promote sustainable choices:** Inspire participants to consider how their daily actions affect the environment and encourage eco-friendly habits in business and life.
- **Enhance cross-cultural understanding:** Foster intercultural connections and mutual learning through shared projects, activities, and exchanges.
- **Inspire participants to become advocates:** Equip young people with the tools and confidence to promote sustainable practices locally and globally, making a lasting impact on their communities.



# PARTICIPANT COUNTRIES

In this project, we are welcoming 7 participants (including the group leader) from Portugal, Italy, Romania, Spain, and Denmark. All participants must be between 18 and 30 years old.

Each national team will have one group leader with no age limit, who will be responsible for submitting the necessary documents for the reimbursement process.



Denmark



Portugal



Italy



Romania



Spain

# PARTICIPANT'S PROFILE

- You are between 18 and 30 years old (the group leader can be over 30).
- You have a genuine desire to develop yourself and an interest in the topic of sustainability and/or entrepreneurship.
- You are curious about other cultures and open to learning from diverse perspectives.
- You are ready to be actively involved in social and educational activities.
- You are open to working in an international team and collaborating with peers from different backgrounds.
- You speak English at least at a basic level and are eager to improve it.



# ACTIVITIES

## 1. WORKSHOPS

Engaging sessions covering diverse sustainability and entrepreneurship topics. Participants will participate in presentations, group discussions, brainstorming, case studies, and hands-on activities.

## 2. ENERGIZERS & TEAMBUILDING

Daily warm-up games and activities to energize participants and build friendships within the group.

## 3. CULTURAL NIGHTS

Intercultural evenings featuring performances, music, and food tastings from different countries.



# THE VENUE

The venue is a spacious holiday home located in **Ebeltoft**, Denmark's oldest market town. It offers nine cozy bedrooms (3-4 participants per room), each with a private bathroom and TV. A highlight of the house is the swimming pool area with a large hot tub accommodating up to six people. Surrounded by natural beauty, the house is just a 12-minute walk from the beach.





# MEALS

Breakfast, lunch, and dinner will be served daily in our spacious canteen. Between sessions, you can enjoy a cup of coffee or tea and have a bite of authentic Danish sweets.

If you have any special requests regarding the meals (e.g. vegetarian, vegan food), or have any allergies, please mention this in the **Registration Form**.

## BREAKFAST



## LUNCH



## DINNER

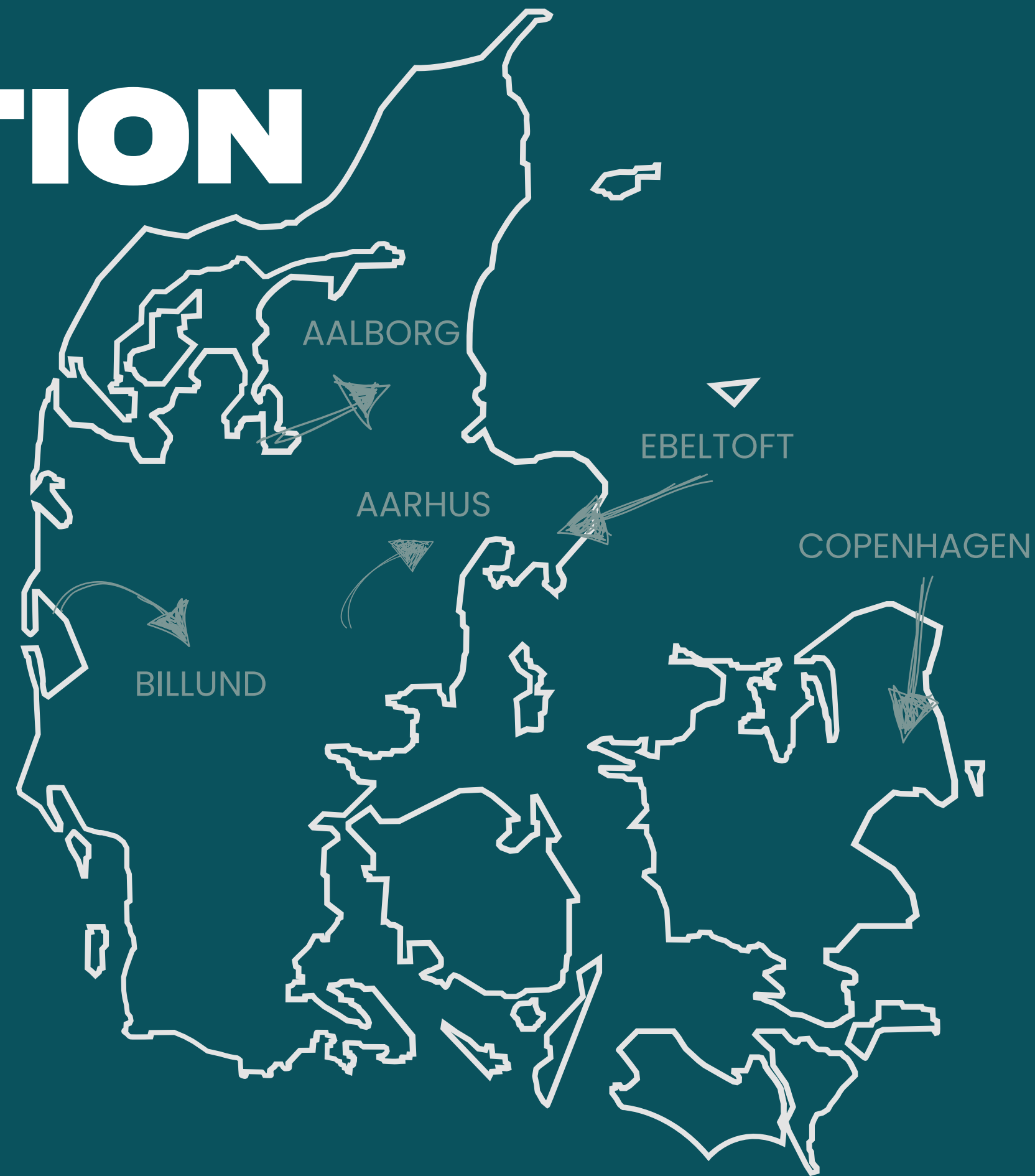


## COFFEE BREAK

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# TRANSPORTATION

To get to Denmark, you can either fly to **Billund**, **Aarhus**, **Aalborg**, or **Copenhagen** Airport. You have to arrive in Denmark latest on **23rd February at 17:00**. Otherwise there is a high risk that you will miss the last train/bus to the venue.





# TRANSPORTATION

You MUST book your flight tickets latest by **5th January**. This is very important because we need to buy in advance the train/bus tickets for you to get to the project venue. Public transport is very expensive in Denmark and that's why we need to book tickets 2-3 weeks before. Don't book any tickets for local transport in Denmark, as we will arrange this for you.

If you fail to comply with the above deadline for flights, then you risk going over the travel budget, as the train tickets usually cost around 120 EUR for a return ticket per person, compared to 30-40 EUR if we book it in advance (2-3 weeks).

The cost of the local train/bus tickets in Denmark will be of course included in your travel budget.



# IMPORTANT

Remember to send us an email at [contact@thenordiccrew.com](mailto:contact@thenordiccrew.com) **before** booking your flight tickets, as we have to confirm your itinerary and the price of your tickets. Be aware that we do not reimburse tickets purchased through travel agencies (e.g. Skyscanner, Kiwi etc.). Therefore, please book the tickets directly from the airline company's website.

## Would you like to travel around?

If you would like to spend some extra days in Denmark, feel free to do so. You are allowed to spend up to **6** extra days outside the project dates. However, you'll have to cover the expenses for food and accommodation yourself for the extra days.





# REGISTRATION FORM

**If you get selected** to participate in this youth exchange, please fill in the “Registration Form” below by simply clicking on it.

Please have your flight tickets ready, as you’ll have to upload them in the form.

**Registration form**

Deadline: 05.01.2025.

# FINANCIAL

Accommodation, meals, and travel costs will be covered for all participants. However, the upper limit for the travel budget varies for each country, as outlined below.

	With green travel	Without green travel
Denmark	285 EUR	211 EUR
Portugal	535 EUR	395 EUR
Romania	417 EUR	309 EUR
Italy	417 EUR	309 EUR
Spain	535 EUR	395 EUR

# REIMBURSEMENT

As a general rule, participants are requested to keep all tickets, invoices, and boarding passes in order to be eligible for reimbursement. In order to receive the travel reimbursement for the whole group, the team leaders from each country must follow these steps:

- The team leader gathers ALL the travel documents from its national team, electronically. These include boarding passes, local bus/train tickets, and any other relevant receipts.
- The team leader will fill out the **Reimbursement Request** form and upload ALL the travel documents.

Reimbursements will be processed per country, no later than 90 days from the day we receive the reimbursement forms.



# ADDITIONAL INFORMATION

- You must have a valid medical insurance for your trip to Denmark. Therefore, we recommend that you bring your European Health Insurance Card (also known as Blue Card). Alternatively, you can take a private medical insurance instead.
- Reimbursement documents sent by email, WhatsApp, Facebook, etc will be disregarded.
- Taxi, car, and private transport are not eligible for reimbursement. Seat selection for additional payment or any additional service will not be reimbursed. The only additional service eligible for reimbursement is luggage addition (cabin bag OR check-in luggage).
- The participation fee is 25 EUR per participant – which includes: a cultural trip to Aarhus, bed linen, towels and other materials – must be paid in cash during the project.

# WHAT TO BRING?

The weather in Denmark is unpredictable, but usually quite cold during winter. Therefore, pack warm, comfortable clothes.

Bring basic medication in case you get sick or catch a cold. If you are on a special treatment that requires specific medication, remember to bring that as well. Don't forget to bring your blue card.

For the intercultural evenings, feel free to bring your flag, traditional food, snacks, or drinks.

As we strive to reduce plastic usage in all our projects, please bring a reusable water bottle that you can use throughout the project.

If you have any questions feel free to contact us  
and we'll be more than happy to assist you.

THE  
**NORDIC**  
CREW



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**CONTACT US**

**SEE YOU SOON IN DENMARK!**