



Co-funded by
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Make a path

Postojna, Slovenia
16. 9. 2024–22. 9. 2024



OBJECTIVES

The main objective of this youth exchange is to prepare an **informative brochure** with key information that a young person or a young family moving to a new country needs.

The **young participants** will work together to define the needs of a young person or family immigrating to a new country and create a guide to aid them in navigating administrative processes, enrolling in educational programs, accessing healthcare services, make new social connections and more.

Another objective is for the **teachers and youth workers** to expand their know-how in working with people with migrant backgrounds. They will get a chance to practice different approaches to assisting youth from diverse cultures working together as a group.





DO YOU WANT TO EXPERIENCE NEW THINGS, MEET NEW FRIENDS, AND MAKE THE WORLD **A BETTER PLACE?** IF SO, READ ON!

Join **25 young people** from **Denmark, Finland, Greece, Portugal and Slovenia** on a youth exchange, meet new friends and contribute to changing the society for the better.

WHO CAN PARTICIPATE?

Young people who are:

- between the **ages of 16 and 25**,
- are **interested** in the subject,
- and willing to **work with their group** and help prepare for the youth exchange.



WHERE ARE WE GOING?

The youth exchange will take place in **Postojna, Slovenia**. Postojna is a municipality of a little over 16,000 inhabitants, while Slovenia has about 2.1 million. It is a member of the European Union and the Schengen Area. The currency in use is Euro.

WEATHER

The temperatures in Postojna at the time of the exchange are expected to be **between 9°C and 20°C**. It is possible it will be **windy and/or rainy**, so be sure to pack some warm and waterproof clothes.

VENUE

Most of the activities will take place in **Youth center Postojna**, which is located in the centre of Postojna and just a 10 minute walk away from the accomodation.



WHERE WILL WE STAY?

📍 YH Proteus, Tržaška cesta 36, Postojna, Slovenia

We will stay at **Youth Hostel Proteus Postojna** in **shared rooms** of up to three young people of the same gender. **Shared bathrooms** are located on the floor hallway.

Bedding and towels are provided. There is **free wifi** in the hostel.

Please note that we won't be alone in the hostel, so it will be necessary to respect the **quiet hours** between 22.00 and 6.00.

We will have **breakfast** at the hostel while **lunch and dinner** will be provided on the location of the daily activity or at a nearby restaurant.



TRAVEL COSTS

Travel costs of **up to 275 €** are covered by the project and will be reimbursed by your sending organisation.

INSURANCE

Participants are responsible for getting their own **travel insurance**, which is not covered by the project. If applicable, you should obtain the **European health insurance card** before travel.



You must **keep all your travel documents** (tickets, boarding passes) during travel and give them to your sending organisation **in order to be reimbursed!**

SAFETY

According to the Global Peace Report 2022, Slovenia is among **the safest countries** in the world, ranking 7th. Nevertheless, the participants must be aware of their responsibility to **not do anything that could put them in danger** (e.g. consuming alcohol, leaving the group, leaving their valueables unattended etc.).



NEARBY AIRPORTS & DISTANCES

Airport	Distance
Letališče Jožeta Pučnika Ljubljana (LJU)	73 km
Trieste – TRS (IT)	74 km
Venice Treviso – TSF (IT)	178 km
Venice Marco Polo – VCE (IT)	183 km
Zagreb – ZAG (CRO)	198 km
Milan Malpensa – MXP (IT)	489 km

Ljubljana airport is the closest, but usually the most expensive one. The **Venice** airports offer good low cost connections, but **Trieste** and **Zagreb** are worth checking out too. **Milan** is quite far, but has most connections, so it is sometimes the best option.

GETTING FROM AND TO THE AIRPORT

GoOpti offers shared transfers from all of the mentioned airports. To book, go to www.goopti.com/en/. Book as **soon as you have the flight tickets** to get the lowest prices, as they can get pretty high later on.



PARTICIPATING ORGANIZATIONS



Zveza društev Mladinski center Postojna

Postojna, Slovenia

www.mcp.si

fb.com/MladinskiCenterPostojna



Proacting – Associação Nacional de Jovens Empresários

Porto, Portugal

www.proacting.org

[fb.com/Proacting Associação](https://fb.com/Proacting_Associação)



United Societies of Balkans

Thessaloniki, Greece

www.usbngo.gr

fb.com/usbngo



HangFlow

Turku, Finland

www.hangflow.org

fb.com/HangFlow



The Nordic Crew

Aarhus, Denmark

www.thenordiccrew.com

fb.com/TheNordicCrew



Osnovna šola Miroslava Vilharja

Postojna, Slovenia

www.miroslav-vilhar.si



If you have any questions, feel free to contact us at nika@mcp.si!